



Oshkosh Community YMCA Downtown Family Pool Schedule Monthly Calendar For July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5a - 11a Open CLOSED 11am-1pm 1p - 7:30p Open	2 5a - 8a Open 8a - 9a CLOSED 9a - 11a Open 11a - 11:30a CLOSED 11:30a - 7:30p Open	3 5a - 11a Open CLOSED 11am-1pm 1p - 7:30p Open	4 CLOSED	5 5a - 7:30p Open	6 8a - 9a CLOSED 9a - 12p Open
7 CLOSED	8 5a - 11a Open CLOSED 11am-1pm 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 7:30p Open	9 5a - 8a Open 8a - 11:30a CLOSED 11:30a - 1:30p Open 1:30p - 3:00p CLOSED 3:00p - 7:30p 1/2 Open	10 5a - 11a Open CLOSED 11am-1pm 1p - 2:45p Open 2:45p - 7p 1/2 Open	11 5a - 8a Open 8a - 9a CLOSED 9a - 2:45p Open 2:45p - 6:30p 1/2 Open 6:30p - 7:30p Open	12 5a - 7:30p Open	13 8a - 9a CLOSED
14 CLOSED	15 5a - 11a Open CLOSED 11am-1pm 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 7:30p Open	16 5a - 8a Open 8a - 11:30a CLOSED 11:30a - 1:30p Open 1:30p - 3:00p CLOSED 3:00p - 7:30p 1/2 Open	17 5a - 11a Open CLOSED 11am-1pm 1p - 2:45p Open 2:45p - 7p 1/2 Open	18 5a - 8a Open 8a - 9a CLOSED 9a - 2:45p Open 2:45p - 6:30p 1/2 Open 6:30p - 7:30p Open	19 5a - 7:30p Open	20 8a - 9a CLOSED
21 CLOSED	22 5a - 11a Open CLOSED 11am-1pm 1p - 7:30p Open	23 5a - 8a Open 8a - 9a CLOSED 9a - 11a Open 11a - 11:30a CLOSED 11:30a - 7:30p Open	24 5a - 11a Open CLOSED 11am-1pm 1p - 7:30p Open	25 5a - 8a Open 8a - 9a CLOSED 9a - 7:30p Open	26 5a - 7:30p Open	27 8a - 9a CLOSED
28 CLOSED	29 5a - 11a Open CLOSED 11am-1pm 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 7:30p Open	30 5a - 8a Open 8a - 11:30a CLOSED 11:30a - 1:30p Open 1:30p - 3:00p CLOSED 3:00p - 7:30p 1/2 Open	31 5a - 11a Open CLOSED 11am-1pm 1p - 2:45p Open 2:45p - 7p 1/2 Open			

Lazy River: Available for walking/open swim when the aquatic facility is open. **Please share the river!**

The Lazy River Water Spray may be turned on during open swim provided **no** swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.

Sauna, Steam Room, & Hot Tub* are open when the aquatic facility is open.

Ai Chi Fitness Class 8-8:45AM Wednesdays July 3rd, 10th, & 17th, 24th and 31st!!!

The Family Pool will be closed from 9:30-10:30 every Tuesday for our YCC Swim Lesson Program

The Family Pool will be CLOSED every Tuesday from 1:30-3:00 for our Michael Phelps Program



Oshkosh Community YMCA Downtown Lap Pool Schedule

Monthly Calendar For July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (3) 6:30p-7:30p Lap (3)	2 5a - 9a Lap (3) 11a - 7:30p Lap (3)	3 5a - 9a Lap (3) 11a - 5:30p Lap (3) 6:30p-7:30p Lap (3)	4 CLOSED	5 5a - 9a Lap (3) 11a - 7:30p Lap (3)	6 8a - 12p Lap (3)
7 CLOSED	8 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)	9 5a - 9a Lap (3) 11a - 1:30p Lap (3) 1:30p - 7:30p Lap (2)	10 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)	11 5a - 9a Lap (3) 11a - 7:30p Lap (2)	12 5a - 9a Lap (3) 11a - 7:30p Lap (3)	13 8a - 12p Lap (3)
14 CLOSED	15 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)	16 5a - 9a Lap (3) 11a - 1:30p Lap (3) 1:30p - 7:30p Lap (2)	17 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)	18 5a - 9a Lap (3) 11a - 7:30p Lap (2)	19 5a - 9a Lap (3) 11a - 7:30p Lap (3)	20 8a - 12p Lap (3)
21 CLOSED	22 5a - 9a Lap (3) 11a - 1p Lap (3) 1p - 5:30p Lap (3) 6:30p-7:30p Lap (3)	23 5a - 9a Lap (3) 11a - 7:30p Lap (3)	24 5a - 9a Lap (3) 11a - 5:30p Lap (3) 6:30p-7:30p Lap (3)	25 5a - 9a Lap (3) 11a - 7:30p Lap (2)	26 5a - 9a Lap (3) 11a - 7:30p Lap (3)	27 8a - 12p Lap (3)
28 CLOSED	29 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)	30 5a - 9a Lap (3) 11a - 1:30p Lap (3) 1:30p - 7:30p Lap (2)	31 5a - 9a Lap (3) 11a - 5:30p Lap (2) 6:30p - 7:30p Lap (3)			

Lap swim is open to swimmers of all ages who can proficiently swim the length of the pool

Lane availability subject to change due to program changes, private lessons, rehab/therapy or other reasons. **Please share lanes!**

Open Swim may take place in Lane 1 at the discretion of the lifeguard staff **and** at designated times

Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Ai Chi 8:00 - 8:45 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Deep Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 8:05 - 8:50a Family Area
Forever Well 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Forever Well 10:05 - 10:50 AM Lap Area	
Arthritis Aquatics 11:00 - 11:45 AM Family Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	Deep Water Fit 10:05 - 10:50 AM Lap Area		
Aqua Zumba 12:10 - 12:55 PM Family Area	11:00 - 11:20 AM Family Area	Arthritis Aquatics 11:00 - 11:45 AM Family Area			
Water Fit 5:35 - 6:20 PM Lap Area		Strength & Stretch 12:10 - 12:50 Family Area			
		Water Fit/Zumba 5:35 - 6:20 PM Lap Area			

Ai Chi Fitness Class 8-8:45AM Wednesdays July 3rd, 10th, & 17th, 24th and 31st!!!

The Family Pool and 2 Lanes of the Lap Pool will be CLOSED every Tuesday from 1:30-3:00 for our Michael Phelps Program