

## ForeverWell Calendar 20<sup>th</sup> Ave – July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July is National Picnic Month!	1	2	3 Book Club & Chair Volleyball 10:30 am Memory Café 1:30 – 3:00 pm	Happy Independence Day! All Y Locations are closed.	5	6
7	8 Walking with Friends is at 8:00 am July & August	9	10 Chair Volleyball 10:30 am *Summer Picnic 12:00 pm - DT	Walking with Friends 8:00 am River Walk – Meet at Oshkosh Senior Center Parking	12	13
14  NEW This Year!  September 5 <sup>th</sup> Madison Quilt Show Bus Trip	15	16	17 Chair Volleyball 10:30 am - Noon	Walking with Friends 8:00 am Miller's Bay/Ames Point meet in lot off of Siewert Trail	19	20
21	22	23	24 Chair Volleyball 10:30 am – Noon	Walking with Friends 8:00 am Meet at South Park in lot by playground	26	Note: Programs with a (*) requires registration
Walking with Friends – meet up locations with maps available at front desk.	29	30	31 Urban Pole Walking <u>Class 9:30 am</u> Chair Volleyball 10:30 am - Noon			Coming up! August 22 <sup>nd</sup> Ice Cream Social