



(#) shows the amount of lanes available

LAP POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool	Fall Aquatics Center Hours: Monday - Friday 5:30a-8:30p Saturday/Sunday 8a-6p		72 Lengths = 1 mile 36 laps = 1 mile	WE NEED YOU! Interested in joining our aquatics team as a Lifeguard or Swim Instructor? Please contact Trenton Davis at trentondavis@oshkoshymca.org or call (920) 230-8914. Lifeguard training is provided FOR FREE when you are hired!		
1 8a-11:30a Lap (8) Lifeguard Course may take up to 3 lanes at any time from 9a-5p	2	3	4	5	6	7
AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH						
8	9	10	11	12	13	14
AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH						
15 AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH	16 5:30a-7:15a Lap (8) 7:15a-8a Lap (7) 8a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-5:15p Lap (2) 5:15p-5:30p Lap (1) 5:30p-6p Lap (0) 6p-6:15p Lap (5) 6:15p-6:30p Lap (6) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	17 5:30a-7a Lap (0) 7a-8a Lap (8) 8a-10a Lap (4) 10a-3:15p Lap (8) 3:15p-4:15p Lap (7) 4:15p-5:30p Lap (2) 5:30p-6p Lap (1) 6p-6:30p Lap (7) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	18 5:30a-7:15a Lap (8) 7:15a-8a Lap (7) 8a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-4:45p Lap (2) 4:45p-6p Lap (1) 6p-6:30p Lap (7) 6:30p-7p Lap (1) 7p-8:30p Lap (0)	19 5:30a-7a Lap (0) 7a-8a Lap (8) 8a-10a Lap (4) 10a-11:30a Lap (8) 11:30a-12p Lap (7) 12p-2:15p Lap (8) 2:15p-2:30p Lap (7) 2:30p-3:30p Lap (5) 3:30p-4:15p Lap (8) 4:15p-5:45p Lap (2) 5:45p-6p Lap (1) 6p-6:15p Lap (7) 6:15p-6:30p Lap (8) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	20 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-6:15p Lap (2) 6:15p-8:30p Lap (8)	21 8a-9:45a Lap (2) 9:45a-10:15a Lap (1) 10:15a-10:30a Lap (7) 10:30a-11:30a Lap (6) 11:30a-12:15p Lap (7) 12:15p-6p Lap (8)
22 8a-6p Lap (8)	23 5:30a-7:15a Lap (8) 7:15a-8a Lap (7) 8a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-5:15p Lap (3) 5:15p-5:30p Lap (2) 5:30p-6p Lap (0) 6p-6:15p Lap (5) 6:15p-6:30p Lap (6) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	24 5:30a-7a Lap (0) 7a-8a Lap (8) 8a-10a Lap (4) 10a-3:15p Lap (8) 3:15p-4:15p Lap (7) 4:15p-5:30p Lap (3) 5:30p-6p Lap (2) 6p-6:30p Lap (7) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	25 5:30a-7:15a Lap (8) 7:15a-8a Lap (7) 8a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-4:45p Lap (3) 4:45p-6p Lap (2) 6p-6:30p Lap (7) 6:30p-7p Lap (1) 7p-8:30p Lap (0)	26 5:30a-7a Lap (0) 7a-8a Lap (8) 8a-10a Lap (4) 10a-11:30a Lap (8) 11:30a-12p Lap (7) 12p-2:15p Lap (8) 2:15p-2:30p Lap (7) 2:30p-3:30p Lap (5) 3:30p-4:15p Lap (8) 4:15p-5:45p Lap (3) 5:45p-6p Lap (2) 6p-6:15p Lap (7) 6:15p-6:30p Lap (8) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	27 5:30a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-5:30p Lap (2) 5:30p-6:30p Lap (0) 6:30p-8:30p Lap (8)	28 8a-9:45a Lap (2) 9:45a-10:15a Lap (1) 10:15a-10:30a Lap (7) 10:30a-11:30a Lap (6) 11:30a-12:15p Lap (7) 12:15p-6p Lap (8)
29 8a-6p Lap (8)	30 5:30a-7:15a Lap (8) 7:15a-8a Lap (7) 8a-9a Lap (8) 9a-10a Lap (4) 10a-4:15p Lap (8) 4:15p-5:15p Lap (3) 5:15p-5:30p Lap (2) 5:30p-6p Lap (0) 6p-6:15p Lap (5) 6:15p-6:30p Lap (6) 6:30p-7p Lap (2) 7p-8:30p Lap (0)	Schedule subject to change due to programs, private lessons, events, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.				



WATER FITNESS SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Water Fitness 9:05-9:50 AM Lap Pool	NEW! Deep Water Fitness 8:05-8:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	High Intensity Water Fit 8:05-8:50 AM Lap Pool	Water Fitness 9:05-9:50 AM Lap Pool	
	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	Water Fitness 9:05-9:50 AM Lap Pool	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	Water Fitness 9:05-9:50 AM Lap Pool	Arthritis Aquatics 10:00-10:45 AM Lazy River/Slide	
	During Arthritis Aquatics the Lazy River will be closed			Water Dynamics 2:30-3:15 PM Lap/Family Pool		

FAMILY POOL SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gadgets may be turned on upon request but are NOT available during programming	1/2 Open is when YMCA Swim Lessons are occurring. We want to ensure a safe, fun experience to everyone during this busy time. During these times, the lazy river and zero depth entry ONLY will be available for use. Gadgets and other areas of the family pool will be unavailable.		**The Whirlpool closes every Thursday 12p-3p for routine maintenance**	**Zero Depth area is available for Open Swim during Aquatic Center hours of operation**	Fall Aquatics Center Hours: Monday - Friday 5:30a-8:30p Saturday/Sunday 8a-6p	
1 8a-11:30a Open	2	3	4	5	6	7
AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH						
8	9	10	11	12	13	14
AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH						
15 AQUATICS CENTER CLOSED FOR ANNUAL SHUTDOWN FROM SEPTEMBER 2ND TO SEPTEMBER 15TH	16 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8:30p Open	17 5:30a-9a Open 9a-10:30a 1/2 Open 10:30a-5:45p Open 5:45p-6:30p 1/2 Open 6:30p-8:30p Open	18 5:30a-8:30a Open 8:30a-10a 1/2 Open 10:30a-11:30a Splish & Splash 10a-4p Open 4p-6:30p 1/2 Open 6:30p-8:30p Open	19 5:30a-9:45a Open 9:45a-11:30a 1/2 Open 11:30a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8:30p Open	20 5:30a-8:30p Open 10:30a-11:30a Splish & Splash Slide 4:30p-7p	21 8a-9a Open 9a-12:15p 1/2 Open 12:15p-6p Open Slide 12:30p-3:30p
22 8a-6p Open	23 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8:30p Open	24 5:30a-9a Open 9a-10:30a 1/2 Open 10:30a-5:45p Open 5:45p-6:30p 1/2 Open 6:30p-8:30p Open	25 5:30a-8:30a Open 8:30a-10a 1/2 Open 10:30a-11:30a Splish & Splash 10a-4p Open 4p-6:30p 1/2 Open 6:30p-8:30p Open	26 5:30a-9:45a Open 9:45a-11:30a 1/2 Open 11:30a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8:30p Open	27 5:30a-8:30p Open 10:30a-11:30a Splish & Splash Slide 4:30p-7p	28 8a-9a Open 9a-12:15p 1/2 Open 12:15p-6p Open Slide 12:30p-3:30p
29 8a-6p Open	30 5:30a-8:30a Open 8:30a-10a 1/2 Open 10a-4:45p Open 4:45p-6:30p 1/2 Open 6:30p-8:30p Open	Schedule subject to change due to programs, private lessons, events, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.				
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