



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ForeverWell Calendar

DT – September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Healthy Aging Month!				The Great Wisconsin Quilt Show Bus Trip to Madison*		
8	9	10	11	12	13	14
Grandparent's Day!			Craft Club 1:00 – 3:00 pm Teaching Kitchen			
15	16	17	18	19	20	21
				Book Club 1:00 pm Teaching Kitchen		
22	23	24	25	26	27	28
Active Aging Week at the Y!	Lunch & Learn* Noon – 1:30 pm Rheumatic Disease presented by OSMS	Urban Pole Walking* 9:15 am in Studio 3	Craft Club 1:00 – 3:00 pm <u>Teaching Kitchen</u> Community Resource Fair at 20 th 9:00 – 11:30 am	Coffee & Stroll 11:00 am – Meet in DT Lobby	Fall Prevention* 10:00 am 20 th Ave MPR 3	
29	30					
Note: Programs with a (*) requires registration						