



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Join us!

Y DAY AT THE MARKET!

**FUN ACTIVITIES,
FARM-FRESH GOODNESS,
+ TIPS FOR HEALTHY LIVING**



It's Y day at the Market!
Celebrate National Family Health & Wellness Day!

Join us this special morning, shopping for your local favorites and getting active with the Y.

The best of both worlds—community wellness and farm-fresh goodness!

SEPT 28

**DOWNTOWN
OSHKOSH**

8 a.m. to 12:30 p.m.

WIN!!

The Y will host several booths with activities and giveaways throughout the market and square. Check them all out and WIN!

**VISIT THESE
BOOTHS & ENTER
TO WIN 1 OF 3
GREAT PRIZES:**

- Y Birthday Party Package
- 3 Month Y Membership
- 3 Personal Training Sessions



WORK & VOLUNTEER

Learn about opportunities at the Y.



MEMBERSHIP & INFO

Learn about the Y - and JOIN TODAY!



OSHY SWIM TEAM

Future Olympians start right here!



TENNIS & PICKLEBALL

Check out our programs and give Pickleball a try!



FAMILY & KIDS

Art projects, balloons & family fun.



GROUP EXERCISE

Group Exercise classes in the square.



**SATURDAY, SEPTEMBER 28
IS ALSO COMMUNITY NIGHT
5-7 p.m. • 20th Ave Y**

FREE + OPEN FOR THE ENTIRE COMMUNITY:

- Swimming • Ice Skating (free skate rental) • Family Fitness class
- Personal Trainer open house • Snacks and Story Time
- Board/Card Games • Bounce House • Open Gym and Soccer

JOIN THE Y THAT NIGHT & SAVE! Families that join the Oshkosh Y as new members on Community Nights pay NO JOINER FEE! That's a savings of up to \$75!