



Oshkosh Community YMCA Downtown Lap Pool Schedule Monthly Calendar For December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12p - 4:30p Lap (3)	2 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	3 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	4 5a - 9a Lap (2) 8a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 7:30p ADAPTIVE 7:30p - 8:30p Lap (3)	5 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	6 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	7 8a - 9a Lap (3) 9a - 1p Lap (2) 1p - 4:30p Lap (3)
8 12p - 4:30p Lap (3)	9 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	10 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	11 5a - 9a Lap (2) 8a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	12 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	13 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	14 8a - 9a Lap (3) 9a - 1p Lap (2) 1p - 4:30p Lap (3)
15 12p - 4:30p Lap (3)	16 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	17 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	18 5a - 9a Lap (2) 8a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	19 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	20 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 7:30p Lap (2) 7:30p - 8:30p Lap (3)	21 8a - 9a Lap (3) 9a - 1p Lap (2) 1p - 4:30p Lap (3)
22 12p - 4:30p Lap (3)	23 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	24 CLOSED FOR CHRISTMAS EVE	25 CLOSED FOR CHRISTMAS DAY	26 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 8:30p Lap (3)	27 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 8:30p Lap (3)	28 8a - 4:30p Lap (3)
29 12p - 4:30p Lap (3)	30 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)	31 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4:30p Lap (3) CLOSED EARLY FOR NEW YEARS EVE	Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool **PLEASE SHARE THE LANES**		WE NEED YOU! Interested in joining our aquatics team as a Lifeguard or Swim Instructor? Please contact Daniel Anderson - DT Aquatics Director danielanderson@oshkoshymca.org Lifeguard training is provided FOR FREE when you are hired!	

Schedule subject to change due to programs, lessons, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.

Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Ai Chi 8:00 - 8:45 AM Lap Area (2 lanes)	Power Current 8:05 - 8:50 AM Family Area	Deep Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 8:05 - 8:50a Family Area
Forever Well 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Forever Well 10:05 - 10:50 AM Lap Area	
Arthritis Aquatics 11:00 - 11:45 AM Family Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	Deep Water Fit 10:05 - 10:50 AM Lap Area		
Aqua Zumba 12:10 - 12:55 PM Family Area	11:00 - 11:20 AM Family Area	Arthritis Aquatics 11:00 - 11:45 AM Family Area			
Water Fit 5:35 - 6:20 PM Lap Area		Strength & Stretch 12:10 - 12:50 Family Area			
		Water Fit/Zumba 5:35 - 6:20 PM Lap Area			



Oshkosh Community YMCA Downtown Family Pool Schedule Monthly Calendar For December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12p - 4:30p Open	2 5a - 11a Open 11a -1p WATER FIT 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 8:30p Open	3 5a - 8a Open 8a - 9a WATER FIT 9a - 11:30a 1/2 Open 11:30a - 4p Open 4p - 6:30p 1/2 Open 6:30p - 8:30p Open	4 5a - 10a Open 10a - 11a 1/2 Open 11a -1p WATER FIT 1p -2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 6:30p Open 6:30p - 7:30p ADAPTIVE 7:30p - 8:30p Open	5 5a - 8a Open 8a - 9a WATER FIT 9a - 1p Open 1p - 6:30p 1/2 Open 6:30p - 8:30p Open	6 5a - 8:30p Open	7 8a - 9a WATER FIT 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
8 12p - 4:30p Open	9 5a - 11a Open 11a -1p WATER FIT 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 8:30p Open	10 5a - 8a Open 8a - 9a WATER FIT 9a - 11:30a 1/2 Open 11:30a - 4p Open 4p - 6:30p 1/2 Open 6:30p - 8:30p Open	11 5a - 10a Open 10a - 11a 1/2 Open 11a -1p WATER FIT 1p -2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	12 5a - 8a Open 8a - 9a WATER FIT 9a - 1p Open 1p - 6:30p 1/2 Open 6:30p - 8:30p Open	13 5a - 8:30p Open	14 8a - 9a WATER FIT 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
15 12p - 4:30p Open	16 5a - 11a Open 11a -1p WATER FIT 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 8:30p Open	17 5a - 8a Open 8a - 9a WATER FIT 9a - 11:30a 1/2 Open 11:30a - 4p Open 4p - 6:30p 1/2 Open 6:30p - 8:30p Open	18 5a - 10a Open 10a - 11a 1/2 Open 11a -1p WATER FIT 1p -2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	19 5a - 8a Open 8a - 9a WATER FIT 9a - 1p Open 1p - 6:30p 1/2 Open 6:30p - 8:30p Open	20 5a - 8:30p Open	21 8a - 9a WATER FIT 9a - 12:15p 1/2 Open 12:15p - 4:30p Open
22 12p - 4:30p Open	23 5a - 11a Open 11a -1p WATER FIT 1p - 8:30p Open	24 CLOSED FOR CHRISTMAS EVE	25 CLOSED FOR CHRISTMAS DAY	26 5a - 8a Open 8a - 9a WATER FIT 9a - 8:30p Open	27 5a - 8:30p Open	28 8a - 9a WATER FIT 9a - 4:30p Open
29 12p - 4:30p Open	30 5a - 11a Open 11a -1p WATER FIT 1p - 8:30p Open	31 5a - 8a Open 8a - 9a WATER FIT 9a - 11a Open 11a - 11:30a WATER FIT 11:30a - 4:30p Open CLOSED EARLY FOR NEW YEARS EVE	When the pool is CLOSED a YMCA aquatics program is occurring. We want to ensure a safe, fun experience to everyone during this busy time. During these times, <u>ONLY</u> the lazy river and <u>potentially</u> half the family pool will be available for use. Please don't use big pool floats at this time.		<u>The Lazy River Water Spray</u> may be turned on during open swim provided no swim lessons or water fitness classes are occurring. Ask a lifeguard if you are interested.	

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Lazy River: Available for walking/open swim when the aquatic facility is open.

Please share the river!

Sauna, Steam Room, & Hot Tub: Open when the aquatic facility is open, *except when stated otherwise by program*

The **ENTIRE** Pool will be **CLOSED** from 6:30p - 7:30p for our Adaptive Program the **FIRST** Wednesday of the month

WATER FIT and other full pool closures are in yellow

LESSONS and other half pool closures are in blue