

ForeverWell Calendar DT – January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Year! Y Hours 11 am – 4 pm	2	3	4
6	7	Craft Club 1:00 – 3:00 pm Teaching Kitchen	9	10	11
13	Foundations of ForeverWell* 9:00 am Lobby	15	Book Club* 1:00 pm Teaching Kitchen	17	18
20	21	Craft Club 1:00 - 3:00 pm Teaching Kitchen	23	24	National Compliment Day!
27	28 Urban Pole Walking 9:15 am Studio 3	29	30	31	
	13	13 14 Foundations of ForeverWell* 9:00 am Lobby 20 21 27 28 Urban Pole Walking 9:15 am	1 Happy New Year! Y Hours 11 am - 4 pm 6 7 8 Craft Club 1:00 - 3:00 pm Teaching Kitchen 13 14 5 15 Foundations of ForeverWell* 9:00 am Lobby 20 21 22 Craft Club 1:00 - 3:00 pm Teaching Kitchen 27 28 29 Urban Pole Walking 9:15 am	1 Happy New Year! Y Hours 11 am - 4 pm 6 7 8 9 Craft Club 1:00 - 3:00 pm Teaching Kitchen 13 14 15 16 Foundations of ForeverWell* 9:00 am Lobby 21 22 23 Craft Club 1:00 - 3:00 pm Teaching Kitchen 20 21 22 23 Urban Pole Walking 9:15 am	1 1 2 3 4 1 2 3 5 7 8 9 10 13 14 15 16 17 Foundations of ForeverWell* 9:00 am Lobby 1:00 pm Teaching Kitchen 1:00 pm Teaching Kitchen 20 21 22 23 24 Craft Club 1:00 - 3:00 pm Teaching Kitchen 27 28 29 30 31 Urban Pole Walking 9:15 am 9:15 am 3