



LET'S MOVE!

# WINNECONNE

## FITNESS CLASSES AT ST. MARYS CHURCH

Experience a well-rounded cardio and strength workout in these fun and challenging classes. Equipment is provided. Open to anyone high school age or older.

### EXPERIENCE OSHKOSH YMCA CLASSES IN WINNECONNE

KAUDY HALL AT ST. MARY'S CHURCH

Tuesdays & Fridays • 8:30-9:30a.m.



#### FEES\*

Monthly Unlimited: \$30

Drop In: \$5

\*These classes are not free for Y members.

OSHKOSH COMMUNITY YMCA

[www.oshkoshymca.org](http://www.oshkoshymca.org)

20th Avenue • 920-230-8439

Downtown • 920-236-3380

