



Oshkosh Community YMCA Downtown Lap Pool Schedule Monthly Calendar For February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>WE NEED YOU! Interested in joining our aquatics team as a Lifeguard or Swim Instructor? Please contact Daniel Anderson - DT Aquatics Director danielanderson@oshkoshymca.org Lifeguard training is provided FOR FREE when you are hired!</p>			<p>Lap Swim is open to swimmers of all ages who can proficiently swim the length of the pool. **Swimmers under the age of 16 will be required to take a swim test. See a lifeguard to take one**</p>			<p>1 8a - 9a Lap (3) 9a - 10a Lap (2) 10a - 4:30p Lap (3)</p>
<p>2 12p - 4:30p Lap (3)</p>	<p>3 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>4 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 1p Lap (2) 1p - 4p Lap (3) 4p - 7:15p Lap (2) 7:15p - 8:30p (Lap 3)</p>	<p>5 5a - 8a Lap (3) 8a - 9a Ai Chi 9a - 11a WATER FIT 11a - 12p Lap CLOSED 12p - 1p Lap (2) 1p - 4:45p Lap (3) 4:45p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>6 5a - 9a Lap (3) 9a - 11a WATER FIT 11:05a - 2p Lap (3) 2p - 7:15p Lap (2) 7:15p - 8:30p Lap (3)</p>	<p>7 5a - 8:55a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (3) 5:30 - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>8 8a - 9a Lap (3) 9a - 10a Lap (2) 10a - 4:30p Lap (3) 5p - 7p COMMUNITY NIGHT</p>
<p>9 12p - 4:30p Lap (3)</p>	<p>10 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 7:30 ADAPTIVE 7:30p - 8:30p Lap (3)</p>	<p>11 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 7:15p Lap (2) 7:15p - 8:30p (Lap 3)</p>	<p>12 5a - 8a Lap (3) 8a - 9a Ai Chi 9a - 11a WATER FIT 11a - 12p Lap (2) 12p - 4:45p Lap (3) 4:45p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>13 5a - 9a Lap (3) 9a - 11a WATER FIT 11:05a - 2p Lap (3) 2p - 7:15p Lap (2) 7:15p - 8:30p Lap (3)</p>	<p>14 5a - 8:55a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (3) 5:30 - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>15 8a - 9a Lap (3) 9a - 10a Lap (2) 10a - 4:30p Lap (3)</p>
<p>16 12p - 4:30p Lap (3)</p>	<p>17 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 7:30 ADAPTIVE 7:30p - 8:30p Lap (3)</p>	<p>18 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 6p Lap (2) 6p - 8:30p (Lap 3)</p>	<p>19 5a - 8a Lap (3) 8a - 9a Ai Chi 9a - 11a WATER FIT 11a - 5:30p Lap (3) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>20 5a - 9a Lap (3) 9a - 11a WATER FIT 11:05a - 4p Lap (3) 4p - 7p Lap (2) LIFEGUARD IN-SERVICE 7p - 8:30p (Lap 3)</p>	<p>21 5a - 8:55a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (3) 5:30 - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>22 8a - 4:30p Lap (3)</p>
<p>23 12p - 4:30p Lap (3)</p>	<p>24 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 7:30 ADAPTIVE 7:30p - 8:30p Lap (3)</p>	<p>25 5a - 9a Lap (3) 9a - 11a WATER FIT 11a - 4p Lap (3) 4p - 7:15p Lap (2) 7:15p - 8:30p (Lap 3)</p>	<p>26 5a - 8a Lap (3) 8a - 9a Ai Chi 9a - 11a WATER FIT 11a - 12p Lap (2) 12p - 4:45p Lap (3) 4:45p - 5:30p Lap (2) 5:30p - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>27 5a - 9a Lap (3) 9a - 11a WATER FIT 11:05a - 2p Lap (3) 2p - 7:15p Lap (2) 7:15p - 8:30p Lap (3)</p>	<p>28 5a - 8:55a Lap (3) 9a - 11a WATER FIT 11a - 5:30p Lap (3) 5:30 - 6:30p WATER FIT 6:30p - 8:30p Lap (3)</p>	<p>**Please note: Feb 4th and 5th we will have the Fire Department testing their scuba gear in the Lap pool from 8:30 - 1p please see Aquatics Leadership if you require more details**</p>

Schedule subject to change due to programs, lessons, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.

**** PLEASE SHARE THE LANES ****

Water Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water Fit 9:05 - 9:50 AM Lap Area	Power Current 8:05 - 8:50 AM Family Area	Ai Chi 8:00 - 8:45 AM Lap Area (2 lanes)	Power Current 8:05 - 8:50 AM Family Area	Deep Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 8:05 - 8:50a Family Area
Forever Well 10:05 - 10:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Water Fit 9:05 - 9:50 AM Lap Area	Forever Well 10:05 - 10:50 AM Lap Area	
Arthritis Aquatics 11:00 - 11:45 AM Family Area	Strength & Stretch 10:05 - 10:55 AM Lap Area	Senior Water Fit 10:05 - 10:50 AM Lap Area	Deep Water Fit 10:05 - 10:50 AM Lap Area	Water Fit 5:35 - 6:20 PM Lap Area	
Aqua Zumba 12:10 - 12:55 PM Family Area	11:00 - 11:20 AM Family Area	Arthritis Aquatics 11:00 - 11:45 AM Family Area	Aqua Yoga 11:05 - 11:50 Family Area		



Oshkosh Community YMCA Downtown Family Pool Schedule Monthly Calendar For February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>When the pool is CLOSED a YMCA aquatics program is occurring. We want to ensure a safe, fun experience to everyone during this busy time. During these times, <u>ONLY</u> the lazy river and <u>potentially</u> half the family pool will be available for use. Please don't use big pool floats at this time.</p>			<p>The Lazy River Water Spray can be turned on during open swim provided no activities are occurring. Ask a lifeguard if you are interested.</p>			1 8a - 9a WATER FIT 9a - 9:45a 1/2 Open 9:45a - 10:30a Open 10:30a - 12:15p 1/2 Open 12:15p - 4:30p Open
						2 12p - 4:30p Open
9 12p - 4:30p Open	10 5a - 11a Open 11a - 1p WATER FIT 1p - 4:45p Open 4:45p - 5:30p 1/2 Open 5:30p - 6:30p Open 6:30p - 7:30p ADAPTIVE 7:30p - 8:30p Open	11 5a - 8a Open 8a - 9a WATER FIT 9a - 11:30a 1/2 Open 11:30a - 4:45p Open 4:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	12 5a - 10a Open 10a - 11a 1/2 Open 11a - 1p WATER FIT 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	13 5a - 8a Open 8a - 9a WATER FIT 9a - 11a Open 11a - 12p 1/2 Open 12p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	14 5a - 8:30p Open	15 8 - 9a WATER FIT 9 - 9:45a 1/2 Open 9:45a - 10:30a Open 10:30a - 12:15p 1/2 Open 12:15 - 4:30p Open
16 12p - 4:30p Open	17 5a - 11a Open 11a - 1p WATER FIT 1p - 6:30p Open 6:30p - 7:30p ADAPTIVE 7:30p - 8:30p Open	18 5a - 8a Open 8a - 9a WATER FIT 9a - 11a Open 11a - 11:30a 1/2 Open 11:30a - 8:30p Open	19 5a - 11a Open 11a - 1p WATER FIT 1p - 8:30p Open	20 5a - 8a Open 8a - 9a WATER FIT 9a - 11a Open 11a - 12p 1/2 Open 12p - 5p Open 5p - 7p 1/2 Open 7p - 8:30p Open	21 5a - 8:30p Open	22 8a - 9a WATER FIT 9a - 4:30p Open
23 12p - 4:30p Open	24 5a - 11a Open 11a - 1p WATER FIT 1p - 4p Open 4p - 5:30p 1/2 Open 5:30p - 6:30p Open 6:30p - 7:30p ADAPTIVE 7:30p - 8:30p Open	25 5a - 8a Open 8a - 9a WATER FIT 9a - 11:30a 1/2 Open 11:30a - 4p Open 4p - 7:15p 1/2 Open 7:15p - 8:30p Open	26 5a - 10a Open 10a - 11a 1/2 Open 11a - 1p WATER FIT 1p - 2:45p Open 2:45p - 5:30p 1/2 Open 5:30p - 8:30p Open	27 5a - 8a Open 8a - 9a WATER FIT 9a - 11a Open 11a - 12p 1/2 Open 12p - 2:45p Open 2:45p - 7:15p 1/2 Open 7:15p - 8:30p Open	28 5a - 8:30p Open	**Please note: the <u>WHOLE</u> Aquatics Department will still close at 4:30pm on Feb 8th to set up for community night. We ask you please exit the pool as usual and return at 5 if participating**

Schedule subject to change due to programs, lessons, and at Lifeguard discretion. For most up-to-date schedules, check out our Oshkosh Community YMCA App.

Lazy River: Available for walking/open swim when the aquatic facility is open.

Please share the river!

Sauna, Steam Room, & Hot Tub: Open when the aquatic facility is open, *except when stated otherwise by program*

Check out our new rotating water fitness classes being held on Friday nights in the Lap Pool 5:35p - 6:20p

FEBRUARY 4th and 5th the Oshkosh Fire Department will be using our LAP POOL from 8:30 - 1:00pm

FEBRUARY 8th is our COMMUNITY NIGHT from 5 - 7pm

ADAPTIVE STARTS FEBRUARY 10th from 6:30 - 7:30p REMEMBER the ENTIRE pool and whirlpool are CLOSED at this time

We will be having a LIFEGUARD IN-SERVICE February 20th from 5 - 7pm BOTH pools will be HALF OPEN at this time

FULL POOL CLOSURES like water fit are in yellow

HALF POOL CLOSURES like swim lessons are in blue