



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ForeverWell Calendar

20th Ave – April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 "Ask the Expert" by Care Patrol 9:30 AM Lobby Chair Volleyball - 10:00 AM Book Club* - 10:30 AM Memory Café - 1:30 PM	3 Coffee & Conversation* Topic: Hearing 10:00 am Meeting Room	4	5
6	7	8 Urban Pole Walking 9:15 - 10:00 PM MPR 1	9 Foundations of ForeverWell* - 9:00 am Chair Volleyball 10:00 am - 11:30 PM	10	11	12
13	14	15 Fraud School* 9:30 - 11:30 am Meeting Room	16 Chair Volleyball 10:00 am - 11:30 PM	17	18	19
20	21	22	23 Chair Volleyball 10:00 am - 11:30 PM	24	25	26
27 Note: Programs with a (*) requires registration	28 Card Making Class* 1:00 PM \$5 Member	29 Lunch & Learn* 12:00 - 1:30 pm Downtown, MPR	30 Chair Volleyball 10:00 am - 11:30 PM			